



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

LEARN NEW SKILLS

Youth Sports - Summer & Fall 2017

SUMMER PROGRAMS

*no practices/games week of July 4

Mighty Sluggers

Program focuses on teaching the fundamentals of baseball to 4 and 5 year olds. Mighty Sluggers meets Mon/Wed from 6pm-6:45pm. Choose program location when registering.

Ages: 4-5 year olds

Where: Stoney Point or Marion YMCA's

Day & Time: Mon/Wed from 6pm-6:45pm

Session Date: 6.05.17-7.19.17

Register By: 5.22.17

Cost: Member - \$30

Community Member - \$60

T-Ball/Baseball/Softball

Designed to teach basic skills such as throwing, catching, hitting, base running and game rules. Players will play a variety of positions. The emphasis is on sportsmanship, teamwork and FUN! Players will be assigned to teams and will practice/play games once or twice a week.

Ages: AK/K (t-ball)

1st/2nd grade
(baseball/ softball)

Where: Stoney Point or Marion YMCAs

Day & Time: Chosen by volunteer coaches

Session Date: Week of 5.22.17 to 7.27.17

Register By: 5.08.17

Cost: Member - \$35

Community Member - \$80

FOR SUMMER PROGRAMS, CHOOSE GRADE
LEVEL BASED ON 2016-17 SCHOOL YEAR

FINANCIAL ASSISTANCE AVAILABLE

Contact Dale Emerson at 319-390-3488
for more information.

VOLUNTEER COACHES NEEDED

Come be a part of the fun!
The Y needs coaches for Youth Sports
teams. Contact Dale Emerson at
319-390-3488 to get involved.

Kickball For Grades K-12

Looking for something fun this summer? Join the Y for kickball games. Morning session is for K-8th grade, evening session is for 9-12th grade.

Ages: K-12th grades

Where: Stoney Point YMCA

Day & Time: Monday & Thursday
K-8th grade 10am-11am
9-12th grade 7:30pm-8:30pm

Session Date: 6.12.17 - 7.27.17

Register By: 6.05.17

Cost: Member - \$15 for 6 weeks

Community Member - \$20 for 6 weeks

Drop In Cost: \$2 per day (must register at
Stoney Point Welcome Center)

Stoney Point Stunner Fun Run & Mini-Obstacle Challenge

Training program and kids fun run featuring obstacles of all sorts including a tire run, hay bales, low crawl, slip & slide....and more! Registrants can do just the race OR training sessions and race. The cost is the same for either option. Training sessions are for kids in Kindergarten-5th grade.

Ages: All ages welcome on race day!

Where: Stoney Point YMCA

Training Sessions: Tuesday, 8.15 & 8.22
from 5:30-6:15pm and
Saturday, 8.19 10-10:45am

Race Day: Saturday, 8.26.17 at 9am

Register By: 8.22.17

Cost: Member - \$15

Community Member-\$20

FALL PROGRAMS

Instructional Soccer

This program introduces children to the basic fundamentals and rules of soccer and improves social interaction with peers. Choose program location when registering.

Ages: 4-5 year olds

Where: Garfield Elementary, Stoney Point or Marion YMCAs

Day & Time: Mon/Wed from 5:30pm - 6:15pm

Session Date: 9.06.17-10.16.17

Register By: 8.21.17

Cost: Member - \$30

Community Member - \$65

Youth Soccer

Practices are once a week and games are Saturday mornings at various locations. Please note, if you only register for Fall, you will need to re-register in Spring 2018.

Ages: AK/K - 5th graders for girls
AK/K - 5th graders for boys

Day & Time: Practice locations are chosen by volunteer coaches with games on Saturdays

Session Date: Week of 8.14.17 to 10.07.17

Games Begin: 9.02.17

Register By: 8.01.17

Cost FALL: Member \$40

Community Member \$85

Cost BOTH: Member \$60

Community Member \$105

Flag Football 101

Learn the basics of football in this program designed specifically for our little friends. Choose program location when registering.

Ages: 4-5 year olds

Where: Arthur Elementary, Stoney Point, or Marion YMCAs

Day & Time: Tues/Thurs 5:30pm - 6:15pm

Session Date: 9.05.17-10.12.17

Register By: 8.21.17

Cost: Member - \$30

Community Member - \$65

Youth Flag Football

This league is designed to teach the fundamentals of football and emphasizes good sportsmanship. Practices once a week.

Ages: 1st - 5th graders

Day & Time: Practice locations are chosen by volunteer coaches, games on Saturdays.

Session Date: Week of 8.14.17 to 10.07.17

Games Begin: 9.02.17

Register By: 8.01.17

Cost: Member - \$40

Community Member - \$85

Youth Volleyball

This program is designed to introduce and teach basic fundamentals and game rules. Choose program location when registering.

Ages: 3rd - 6th graders

Where: Helen G Nassif, Stoney Point or Marion YMCAs

Day & Time: Mon/Wed from 5pm-6pm

Session Date: 8.28.17-10.11.17

Register By: 8.14.17

Cost: Member - \$40

Community Member - \$85

The Y Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



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YMCA Youth Sports Registration – Summer/Fall 2017

ACTIVITY – SUMMER PROGRAMS

- Mighty Sluggers** *Program runs: M/W 6pm-6:45pm*
Circle a Location: Marion Stoney Point
- T-Ball Baseball Softball
- Kickball
Circle a Time: Morning (K-8th grade) Evening (9-12th grade)
- Fun Run & Training Sessions
- Fun Run (Race Only)

*For Summer programs, choose grade level based on 2016-17 school year

ACTIVITY – FALL PROGRAMS

- Instructional Soccer** *Program runs: M/W 5:30pm-6:15pm*
Circle a Location: Garfield Marion Stoney Point
- Youth Soccer** 1st session Both Sessions
Circle: Girls Boys
- Flag Football 101** *Program runs: T/Th 5:30pm-6:15pm*
Circle a Location: Arthur Marion Stoney Point
- Youth Flag Football**
- Youth Volleyball** *Program runs: M/W 5pm-6pm*
Circle a Location: HGN Marion Stoney Point

*For Fall programs, choose grade level based on 2017-18 school year

REGISTRATION INFORMATION

Youth Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Birthdate: _____

Male Female Parent/Guardian Name (and DOB): _____

Phone: _____ Cell Phone: _____

E-mail: _____ School: _____ Grade: _____

Choose the YMCA nearest you: HGN Marion Stoney Point

UNIFORM SIZE

Youth SM Youth MED Youth LG Adult SM Adult MED Adult LG Adult XL

*The YMCA of the Cedar Rapids Metropolitan Area has permission to use any photos and/or videos of my child during this program in its promotional materials. I give permission for my child to participate in this program. I agree to release the YMCA of the Cedar Rapids Metropolitan Area, it's staff, and it's volunteers from any responsibility in case of injury.

Signature of Parent/Guardian _____

DATE _____

Carpool Request: _____

ANNUAL HOUSEHOLD INCOME (CIRCLE ONE)**

UNDER \$20,000 \$40,000-\$49,999
 \$20,000-\$29,999 \$50,000-\$59,999
 \$30,000-\$39,999 OVER \$60,000

**The YMCA of the Cedar Rapids Metropolitan Area is committed to serving people regardless of their ability to pay. To do this we ask for funding (grants or donations) from outside sources to cover these costs. The information below is required of us. Please fill this out. Your information is kept strictly confidential.

ETHNICITY (CIRCLE ONE)**

African American/Black Hispanic
 Alaskan Native Native American
 Asian/Pacific Islander Other
 Caucasian/White

**Yes, I want to VOLUNTEER
COACH for my child's team!**

Name: _____

Phone: _____

Office Use Only

Receipt#: _____

Date: _____

Amount: _____

Staff Initials: _____